



**Okti** foundation  
In service of Community



**Report 2018**

गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरः  
गुरु साक्षात् परब्रह्मा तस्मै श्रीगुरवे नमः

## From the Editor's Desk.....



Despite great advances, the economic and social challenges faced by people in India are pervasive. Statistics indicate about 66 % of Indian population lives in the rural areas, of which a sizeable portion is stated to be poor and devoid of basic amenities such as water, electricity and health. Those who reside in the remote and hilly locations tend to be much more vulnerable. Leaving aside emergency services, even the elective surgical services are unavailable to the inhabitants there.

It is so ironical that the best brains from India's medical colleges prefer to settle either in the metropolitans or abroad, simply because of poor infrastructure in the rural areas or perhaps due to lack of adequate opportunities for them and their children. The outcome is that the ungraced undergraduates are posted in the villages to work and serve in the ill-equipped government run hospitals and clinics. This may mean that half of our population has access to only substandard medical treatment. This is a serious affliction of India's health system today which has far reaching implications for the future generation and their well-being. We must remember however, that it is easy to complain about the bad circumstances, what is required today, is the courage to challenge it and change it!

In 2009 a group of groomed professionals, the medical super specialists, in an effort to give back to the society, initiated the concept of conducting elective surgical ventures in remote locations

under the banner of Okti Foundation. The Project was initiated in a village called "Shillai in Himachal Pradesh" where utero vaginal prolapse was rampant. The women here were managing their prolapse by pushing their uteri in using their fingers. The smell of urine surrounding them was making them social recluse. A surgical intervention in a city hospital would deprive them of their lifetime savings and would put their family's earning too at stake. So the need of the hour was to provide them with adequate and prompt services to save them from prolonged morbidity, social exclusion and embarrassment pertaining to bladder & bowel incontinence thereby improving their quality of life. We constantly expect the Government to solve our problems and blame it ! Why should we, when we have the power to make the change that we want to see!

A unique model of raising funds from family, friends and companies under the CSR, recruiting skill from the city and encouraging community participation, has helped Okti to conduct surgeries in the village hospitals at a low cost. Each camp requires few days away from work and family. This model not only helped the poor with elective surgeries but also helped to enable skill development and capacity building in the village setup. The villagers specially poor mothers with prolapse got benefitted at their door step free of cost. The entire expenditure on surgery and food was borne by the organization. The local hospitals were very generous and contributed to the cause in their full capacity. The Surgical Team volunteered to render services to the fellow men disadvantaged due to their difficult locations. The dedicated team of doctors, paramedical staff, financial partners, the village hospitals and community took over the herculean task as their moral responsibility and brought smiles to many faces. The mission, in next five years plans to scale up the number of beneficiaries & extend to many other states of India.

Our land is too big for any one group or system to provide the needed surgical and medical care for all. So the need for small groups like Okti ! We are insignificant from the nation's point of view yet we feel compelled to do something to alleviate the unnecessary suffering of a few. If such care can be multiplied across this land by small groups of committed professionals then a greater degree of wellbeing could be experienced by many more. We should break free from the restrictions imposed by various power structures and be involved in caring for the disadvantaged in our own unique way !

This report relates to the year 2018 in which the organization won many accolades at National, International and state levels for its contributions towards the Rural Services in

India. Having accomplished more than 5000 surgeries in 55 camps conducted all over India in past 10 years, the Organization won appreciation by the Health Minister of India, Federation of Obstetricians and Gynecologists of India, The British Medical Journal, South East Asia , Delhi Gynaecologist Forum and WOW India. The Organization is ever thankful to its dedicated team of doctors, paramedical staff, financial partners and the village hospitals and community for their generosity and continued support. We hope to work together as a team in the coming years as well.

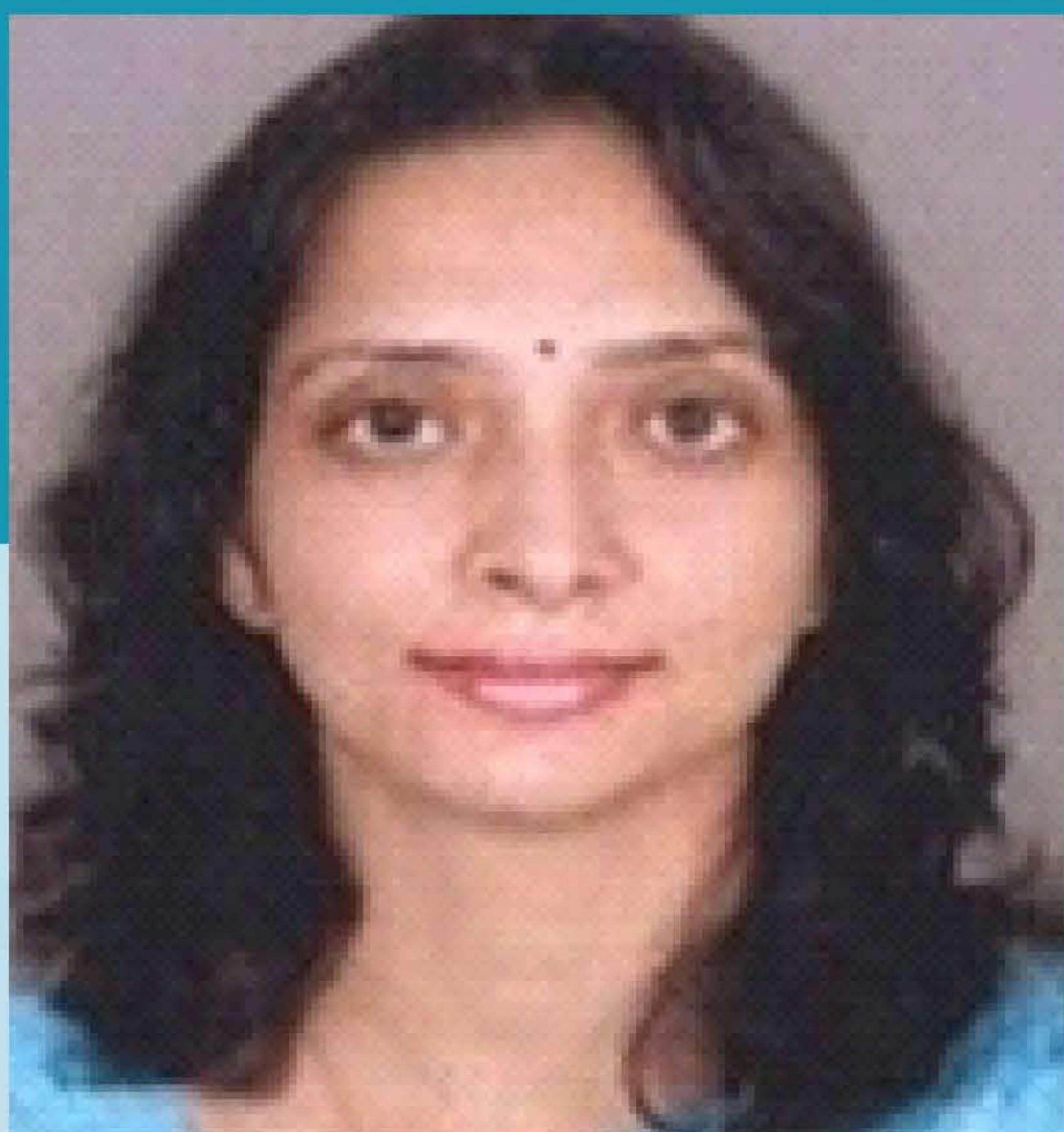
**Dr. Sonal Bathla**

Consultant Gynaecologist & Laparoscopic Surgeon  
Sant Parmanand Hospital,  
Delhi Secretary General, Okti Foundation

**Weary eyes watch twisted paths, for  
those who can help and give,  
Health and dignity to their ailing bodies,  
they too have the right to live!**

**Let their suffering not end with the  
sunset of their lives,  
Let's be of some help to others before  
the sunset of our lives !**


## A Message.....



**Cervical cancer** is the second most common gynecological malignancy amongst Indian women aged 25-44 years and the incidence is as high as 22 per 100,000 women. Infact, India accounts for more than a quarter of the world's annually detected new cases and deaths due to the disease despite the availability of vaccination for prevention of cervical cancer. Every eight minutes one woman falls prey to this dreaded disease.

These high rates suggest that women are not reaching the clinic at the right time in preinvasive stage, they are not giving due importance to their annual screening and/or facilities to screen are not available to them. The etiopathology of the disease makes certain sections of the population more prone to it. Due to lack of National Cancer Screening Guidelines and poor awareness, hygiene, literacy and vaccination status in urban slums and remote villages, it was decided to direct the initiative towards the women belonging to this background. The Project of Cervical Cancer Awareness, Screening and Vaccination was initiated under Okti Foundation in the year 2017.





In the organization of a Project, interaction with the targeted women is initiated at grassroot level for which the local leaders, anganwadi workers and political heads of the area are approached and an informal awareness campaign is held within the community to sensitise women and young girls. The logistics for screening session are designed keeping in mind the weather, free timings of the womenfolk, accessibility, and respect for their privacy. The women usually feel motivated to attend as they see others doing the same.

A temporary opd set up is created with full attention to record keeping, systematic channelizing of patients, use of sterile equipment and an ear to their other medical complaints and queries. A team of about 20 members comprising doctors, nurses and paramedical staff are assigned duties to carry out cervical

cancer screening using VIA, VILI followed by LBC with reflex HPV testing in VIA positive cases. The screen positive cases are located, informed and formally referred to the nearby referral centre. The additional benefits of this health activity includes screening for anemia, diabetes, hypertension, general physical examination and breast examination. Mammography in mobile unit for women over 40 years and vaccination against HPV for girls 11 - 15 years are arranged simultaneously to make it worthwhile for practically every female member in the community. These outreach camps are the need of the hour and its time for the country and its caregivers to awaken to the call.

**Dr. Priti Arora Dhamija**  
MBBS, MS, DNB  
Consultant Gynaecologist  
Sita Ram Bhartiya Research Institute,  
Delhi

# January-December 2018

## I Surgical Ventures



OKTI Foundation, Delhi in collaboration with Sant Parmanand Hospital, Rural Committee of Indian Menopause Society, Association of Gynaecologists of Delhi & RCOG(NZ) organized nine Surgical Ventures in seven Indian states in year 2018. A total of 262 poor patients got benefited from surgeries and many got the advantage of the awareness and the screening programmes. The Foundation raises funds for elective surgeries to help people in remote locations, especially those who are marginalized and vulnerable in a low socio-economic set up. The Ventures were conducted at the following locations free of cost.

### Civil Hospital, Joginder Nagar, Himachal Pradesh- April 27-29, 2018



Supported by the Rotary Club Joginder Nagar, and Shree Cement Ltd., a total of 25 patients were operated. The surgical team included Dr. George Verghese, Dr. Vinod Kalla, Dr. Naresh Singla, Dr. Apurna, Dr. Amrita, Dr. Krupa George, Dr. Shailesh, Mr. Harish, Sr Raksha and Sr Ancy.



S.No	Name	Age	Sex	Diagnosis	Surgery
1	Yashoda Devi	50	Female	Gall Stone	Cholecystectomy
2	Gayatri Devi	40	Female	Gall Stone	Cholecystectomy
3	Ramleela Devi	48	Female	Gall Stone	Cholecystectomy
4	Teji Devi	50	Female	Fibroid Uterus	Vaginal Hysterectomy
5	Nirmala Devi	40	Female	Gall Stone	Cholecystectomy
6	Gulabi Devi	45	Female	Gall Stone	Cholecystectomy
7	Soma Devi	62	Female	Gall Stone	Cholecystectomy
8	Krishan Chand	52	Male	Fissure in Ano	Seton Placement
9	Kanta Devi	52	Female	Gall Stone	Cholecystectomy
10	Phoolan Devi	45	Female	Cholelithiasis	Cholecystectomy
11	Shanto Devi	45	Female	Cholelithiasis	Cholecystectomy
12	Nirmala	63	Female	UV Prolapse	VH with PFR
13	Kahan Singh	73	Male	Inguinal Hernia	Herniorrhaphy
14	Sandeep	47	Male	Varicose Vein	Saphenectomy
15	Banku Ram	67	Male	Inguinal Hernia	Herniorrhaphy
16	Mansa Devi	56	Female	Gall Stone	Cholecystectomy
17	Krishna Devi	45	Female	Cholelithiasis	Cholecystectomy
18	Sushma	38	Female	Cholelithiasis	Cholecystectomy
19	Kavita	36	Female	Cholelithiasis	Cholecystectomy
20	Kamla Devi	45	Female	Cholelithiasis	Cholecystectomy
21	Pawna Devi	33	Female	Cholelithiasis	Cholecystectomy
22	Sunaina	27	Female	Gall Stone	Cholecystectomy
23	Shanti	35	Female	Gall Stone	Cholecystectomy
24	Durgi Devi	80	Female	UV Prolapse	VH with PFR
25	Khem Chand	58	Male	Direct Inguinal Hernia	Herniorrhaphy



**Sahayak Surgical Centre, Manali, Himachal Pradesh-  
June 23-25, 2018**



A total of 25 patients were operated free of cost with financial support by Oil and Natural Gas Corporation (ONGC). The Surgical team included Dr. George Verghese, Dr. Shiela Verghese, Dr. T C Sharma, Dr. Sonal Bathla and Mr. Harish

**List of Surgeries**

S.No	Name	Age	Sex	Address	Diagnosis	Surgery
1	Mehra	42	F	Kamsari	Cholelithiasis	Open Cholecystectomy
2	Surat Ram	65	M	Lug Valley	Left direct inguinal Hernia	Hernioplasty
3	Panju	35	F	Shirad	Cholelithiasis	Open Cholecystectomy
4	Rhytham	5	M	Katrain	Left inguinal hernia and Hydrocele	Hernioplasty & Hydrocoelectomy
5	Ram Dassi	62	F	Naggar	Cholelithiasis	Open Cholecystectomy
6	Maan Singh	49	M	Chichoga	Right renal calculus	URS
7	Tara	59	F	Chichoga	Cholelithiasis	Open Cholecystectomy
8	Shanti Devi	45	F	Kharad	Cholelithiasis	Open Cholecystectomy
9	Anita	29	F	Chichoga	Cholelithiasis	Open Cholecystectomy
10	Bhakti Devi	85	F	Manali	Right ovarian cyst	TAH BSO
11	Geetha Devi	35	F	Kaies	Cholelithiasis	Open Cholecystectomy
12	Goyla Devi	40	F	Banjar	Cholelithiasis	Open Cholecystectomy
13	Anita	35	F	Manali	Cholelithiasis	Open Cholecystectomy

14	Elias	56	M	Manali	Benign Prostatic Hypertrophy	Trans urethral resection of the prostate
15	Manda	35	F	Prini	Cholelithiasis	Open Cholecystectomy
16	Usha	36	F	Manali	VVF and Bladder Calculus	Cystolitholopexy
17	Ambika	43	F	Chidyari	Left ureteric stone and hydronephrosis	Left URS with DJ Stent
18	Chitra Bahadur	55	M	Bhunter	Stricture urethra + Bladder calculus	Cystolitholapexy
19	Chinta	66	F	Dhobi	Rectocele	Rectocele repair
20	Neena	24	F	Katrain	Acute calculus cholecystitis	Open Cholecystectomy
21	Mohim Devi	42	F	Kaies	Cholelithiasis	Open Cholecystectomy
22	Veena Devi	55	F	Atec	Prolapse uterus with Cystocele	Vaginal Hysterectomy with Cystocoele repair
23	Lal Dassi	40	F	Madgram	Cholelithiasis	Open Cholecystectomy
24	Rajni	14	F	Raison	Cholelithiasis	Open Cholecystectomy
25	Krishan Lal	35	M	Jana	Cholelithiasis	Open Cholecystectomy



**Dr. Prabhudas' Hospital, Totu, Shimla**  
**August 17-19, 2018**



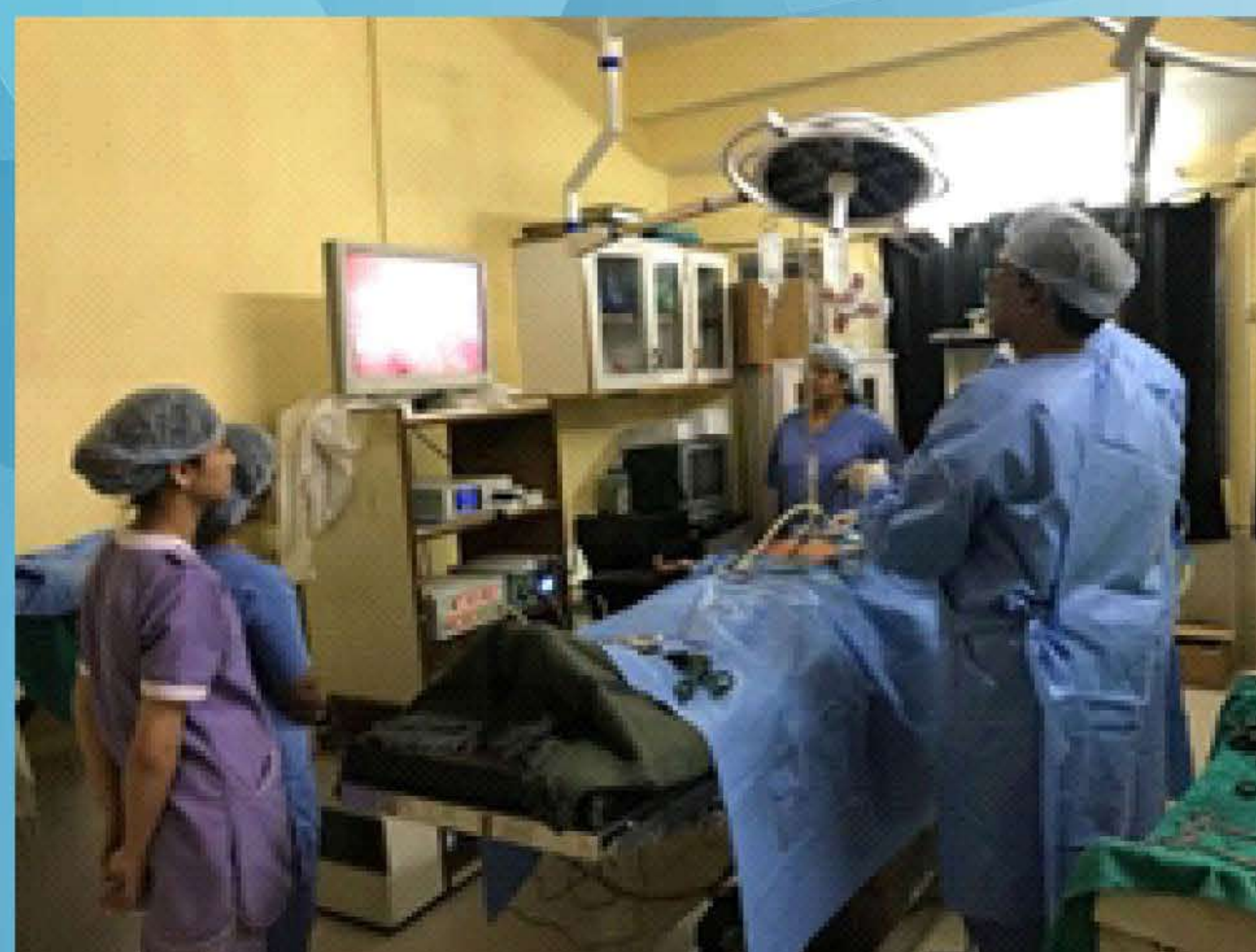
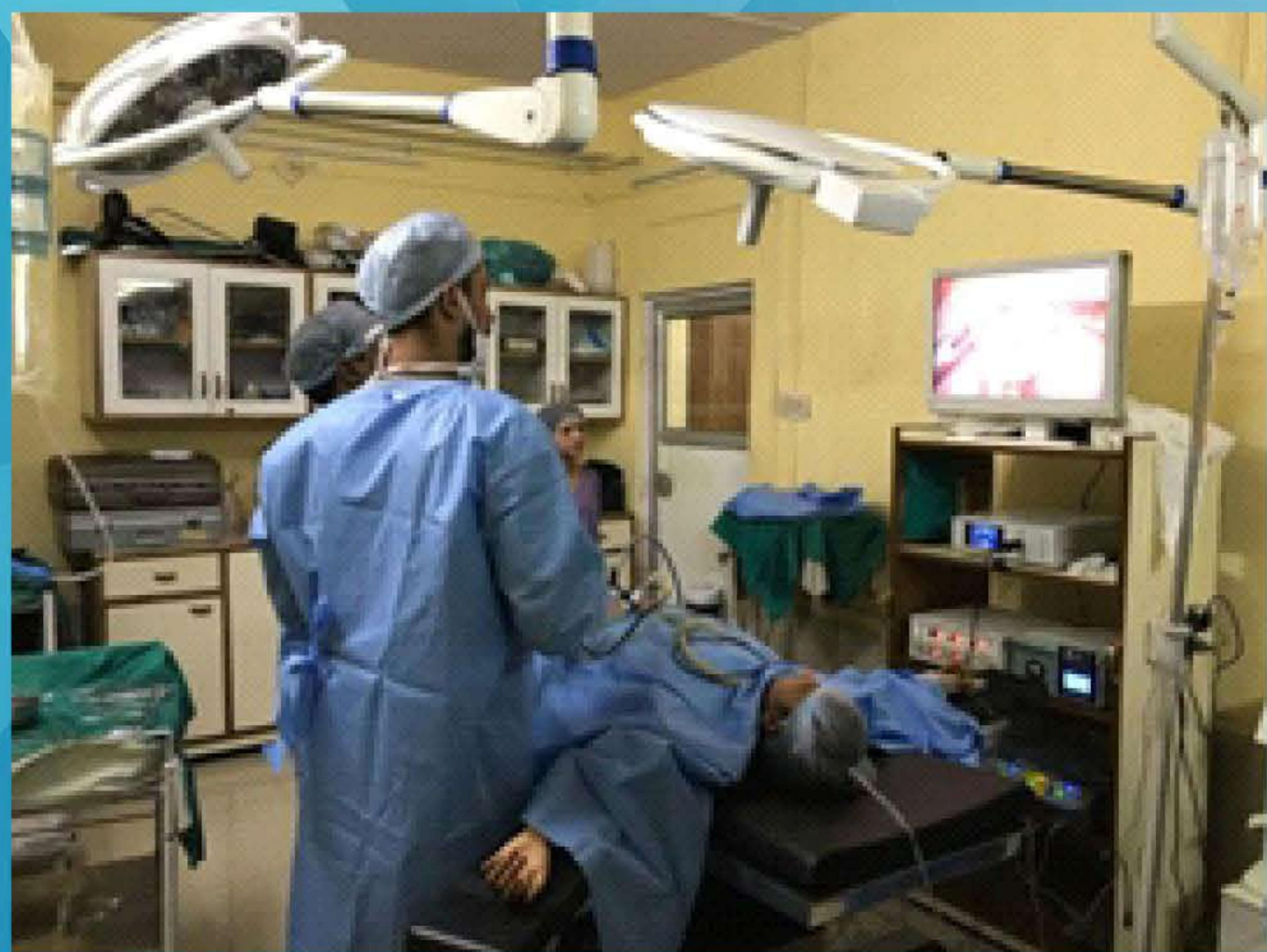
With financial support by the Oil & Natural Gas Corporation, 35 patients were operated at Totu, Shimla in Himachal Pradesh. The surgical team included Dr. Prabhu Das and Dr. Mandeep. All the patients were discharged in satisfactory condition.

**List of Patients**

S.No	Pt Name	Age	Sex	Address	Diagnosis	Procedure
1	Susheela	31	Female	Bishop Cotton School, Shimla	Symptomatic Cholelithiasis	Laparoscopic Cholecystectomy
2	Gyan Chand	41	Male	Bhaderi, Shimla	Complex Anal Fistula	Fistulectomy
3	Thakur Prasad	30	Male	Totu, Shimla	Chronic Fissure in Ano	Fissurectomy and sphincterotomy
4	Sarvadi Devi	66	Female	Sanjauli, Shimla	Symptomatic Cholelithiasis	Laparoscopic Cholecystectomy
5	Rajkumar	36	Male	Bhagav Niwas, Totu, Shimla	Symptomatic Cholelithiasis	Laparoscopic Cholecystectomy
6	Shanti Devi	23	Female	Master Building, Totu, Shimla	Acute Appendicitis	Laparoscopic Appendicectomy
7	Deep Ram Sharma	71	Male	Sunni, Shimla	Left Inguinal Hernia	Mesh repair of hernia
8	Seema	38	Female	Kotkhari, Shimla	DUB	Laparoscopic Hysterectomy
9	Khem Lal	50	Male	Totu Shimla	Haemorrhoids	Haemorroidectomy
10	Bimla	29	Female	Chayal, SHimla	Acute Appendicitis	Laparoscopic Appendicectomy
11	Jai Devanand	35	Male	Sunni, Shimla	Haemorrhoids	Haemorroidectomy
12	Abdul Mazeer	55	Male	Summer Hill, Shimla	Haemorrhoids	Haemorroidectomy
13	Veeru Ram	39	Male	Chayal, SHimla	Right inguinal hernia	Mesh repair of hernia
14	Heera Devi	46	Female	Nankhari, Shimla	DUB with Bulky uterus	TAH with B/L salpingectomy

15	Bola Prasad	54	Male	Jiyalal Building, Totu, Shimla	Haemorrhoids	Haemorrhoidectomy
16	Kanta Devi	75	Female	Joginder Ngr, Mandi	Acute Cholecystitis with cholelithiasis	laparoscopic Cholecystectomy
17	Dittu Ram	70	Male	Arki, Solan	Left inguinal hernia	Mesh repair of hernia
18	Parwati	48	Female	Chang, Shimla	Fibroid uterus with Prolapse	Vaginal Hysterectomy
19	Sewata Devi	68	Female	Jabbal Shimla	Epigastric Hernia	Hernioplasty
20	Kamla	50	Female	Sanjauli, Shimla	Epigastric Hernia	Hernioplasty
21	Bhuma	38	Female	Totu, Shimla	Chronic PID with Cervicitis	TAH with Salpingectomy
22	Poonam	31	Female	Sunni, Shimla	Symptomatic Cholelithiasis	Laparoscopic Cholecystectomy
23	Durga	40	Male	Mazgat Totu, Shimla	Haemorrhoids	Haemorrhoidectomy
24	Devender	34	Male	Vijay Ngr, Totu, Shimla	Left renal calculus	Nephrolithotomy
25	Hira Devi	37	Female	Rampur, Shimla	Left Non functional kidney	Nephrolithotomy
26	Sana Devi	40	Female	Shimla	Fibroid uterus	TAH with B/L Salpingectomy
27	Anu	38	Female	Shimla	Right PUJ calculus	Ureterolithotomy
28	Raniya	42	Female	Shimla	DUB	TAH with B/L Salpingectomy

29	Lal Bahadur	60	Male	Shimla	Anal Fissure	Fissurectomy and sphincterotomy
30	Krishna	65	Female	Shimla	Symptomatic Cholelithiasis	Laparoscopic Cholecystectomy
31	Sheetla	35	Female	Shimla	Fibroid uterus	TAH with B/L Salpingectomy
32	Anjana	25	Female	Shimla	Acute Appendicitis	Open Appendicectomy
33	Tuli Khatka	45	Female	Shimla	DUB with Bulky uterus	TAH with B/L Salpingectomy
34	Ram Lal	64	Male	Shimla	Symptomatic Cholelithiasis	Laparoscopic Cholecystectomy
35	Tota Ram	56	Male	Shimla	Non healing infected wound	Debridement and slough excision



**Lehmon Hospital, Herburtpur, Uttarakhand**  
**September 24-26, 2018**



Total 33 patients were operated with support given by the the Oil & Natural Gas Corporation (ONGC). The Surgical team included Dr. T C Sharma, Dr. Viju John, Dr. Sonal, Dr. Bhawna & Dr. Preeti Yadav. All the patients were discharged in satisfactory condition and few patients followed up for surgery in Delhi.

**List of Patients**

S.No	Name	Age	Sex	Diagnosis	Surgery
1	Dolly	34	F	Right Thyroid Swelling	Right Hemothyroidectomy
2	Mohd Samoon	42	M	Right Ureteric stone	Right URS Urethroplasty
3	Sheela Devi	50	F	B/L ureteric stone	B/L URS
4	Momina	29	F	Rt. Renal Stone	Rt. PCNL
5	Pankaj	13	M	Urethral Fistula	Urethroplasty
6	Rukmesh	26	M	Cholelithiasis	Lap Cholecystectomy
7	Rukmesh	26	M	Right Ureteric stone	Rt. URS
8	Ragbeeri	60	F	Ca Bladder	TURBT & Biopsy
9	Abdul Mannan	65	M	Ca Bladder	TURBT & Rt.Orchidectomy
10	Preeti	30	F	Left ureterovaginal Flstula	Cystoscopy stenting
11	Shivam	2	M	Right Inguninal hernia	Right Hernioplasty
12	Bano Bibbi	35	F	B/L Renal stone	Rt. PCNL
13	Bano	47	F	Rt. Renal Stone	Rt. PCNL
14	Sheela Devi	40	F	Cholelithiasis	Lap Cholecystectomy
15	Leela Devi	40	F	Vault Prolapse	Vault suspension
16	Sheela Devi	54	F	Cholelithiasis	Lap Cholecystectomy
17	Hanspal	42	M	Haemorrhoids	Haemorrhoidectomy
18	Parmila	35	F	Dermoid Cyst back	Excision Biopsy
19	Gita	43	F	Fibroid uterus	TAH with BSO

20	Kavita	32	F	Cholelithiasis	Open Cholecystectomy
21	Bhagwanti	45	F	Fibroid uterus	TAH with salpingectomy
22	Babli Devi	38	F	Appendicitis	Appendicectomy
23	Harnandi	45	F	Prolapse Uterus	Vaginal Hysterectomy & repair
24	Pramila	39	F	Uterus prolapse	Vaginal Hysterectomy & repair
25	Meena	45	F	Cholelithiasis	Lap Cholecystectomy
26	Punam	36	F	Left breast lump	Excision Biopsy
27	Savita	35	F	Cholelithiasis	Lap Cholecystectomy
28	Leela Devi	50	F	Fibroid uterus	TAH with BSO
29	Pushpa	39	F	AUB	TVH
30	Jagwati	61	F	Uterus prolapse	Vaginal Hysterectomy & repair
31	Rakesh Devi	40	F	Uterus prolapse	Vaginal Hysterectomy & repair
32	Kamla Devi	60	F	Cholelithiasis	Lap Cholecystectomy
33	Tarawati	39	F	Cholelithiasis	Lap Cholecystectomy



**Duncun Hospital, Raxaul, Bihar**  
**October 18-20, 2018**



A total of 34 patients were operated using funds given by Shree Cement Ltd. The surgical team included Dr. Sonal Bathla, Dr. T C Sharma, Dr. Shailesh, Dr. Tina and Dr. Uttam Mahopatra.

**List of Patients**

S No.	Name	Age	Sex	Diagnosis	Surgery
1	Kausalya Devi	40	Female	Prolapse Uterus	Vaginal Hysterectomy with PFR
2	Meena Devi	34	Female	Prolapse Uterus	Vaginal Hysterectomy with PFR
3	Asha Devi	50	Female	Prolapse Uterus	Vaginal Hysterectomy with PFR
4	Chanrawati Devi	58	Female	Prolapse Uterus	Vaginal Hysterectomy with PFR
5	Radhika Devi	61	Female	Vault Prolapse	Sacrospinous Fixation
6	Deomati Devi	65	Female	Prolapse Uterus	Vaginal Hysterectomy with PFR
7	Champa Devi	46	Female	Prolapse Uterus	Vaginal Hysterectomy with PFR
8	Sam Sundar Devi	50	Female	Prolapse Uterus	Vaginal Hysterectomy with PFR
9	Snehlata Sharma	40	Female	AUB	TAH
10	Lal Bibi Khatoon	36	Female	AUB	TAH
11	Sakhiya Devi	63	Female	Prolapse Uterus	Vaginal Hysterectomy with PFR
12	Champa Devi	71	Female	Prolapse Uterus	Vaginal Hysterectomy with PFR
13	Bhagamati Devi	41	Female	Prolapse Uterus	Vaginal Hysterectomy with PFR
14	Raj Kumari Devi	50	Female	Vault Prolapse	Sacrospinous Fixation
15	Bharat Mahto	72	Male	BPH	TURP
16	Vikash Kumar	22	Male	Ureteric Calculus-R	URS
17	Jay Shiv Shankar Kumar	33	Male	Stricture Urethra	OIU
18	Binda Das	60	Male	BPH	TURP
19	Shiv Nath Sah	65	Male	BPH	TURP
20	Bindeswar Giri	60	Male	Bladder Diverticulum	Diverticulectomy
21	Rajan Giri	20	Male	Renal calculus L	PCNL
22	Mahendra Mahto	50	Male	Ureteric Stricture, BPH	TURP



23	Kalawati Devi	60	Female	Bladder Outlet Obstruction	OIU
24	Sila Devi	20	Female	Ureteric Calculus-L	URS
25	Chandeshwar Chaudhary	36	Male	Stricture Urethra	OIU
26	Jyoti Raut	25	Female	Ureteric calculus	URS
27	Asarfi Mahto	56	Male	Ureteric calculus	URS
28	Abhay Kumar Singh	27	Male	Stricture Urethra	OIU
29	Ajay Kumar Srivastav	42	Male	Stricture Urethra	OIU
30	Shamim Dewan	58	Male	BPH	TURP
31	Dhermendar Kumar	22	Male	Renal calculus R	URS
32	Khairun Nessa	45	Female	UVF	Ureteric Re Implantation
33	Kishun Raut	67	Male	BPH	TURP
34	Janu Mukhiya	50	Male	CA Bladder	TURBT



## Civil Hospital, Joginder Nagar, Himachal Pradesh

November 10-11, 2018

In all, 17 patients were operated with financial support by Suvidha Diagnostic Centre. The Surgical team included Dr. George Verghese, Dr. Vinod Kalla, Dr. Naresh Singla, Dr. Apurna, Dr. Amrita, Dr. Krupa George, Dr. Shailesh, Mr. Harish, Sr. Raksha and Sr. Ancy.



## Sant Parmanand Hospital, Delhi

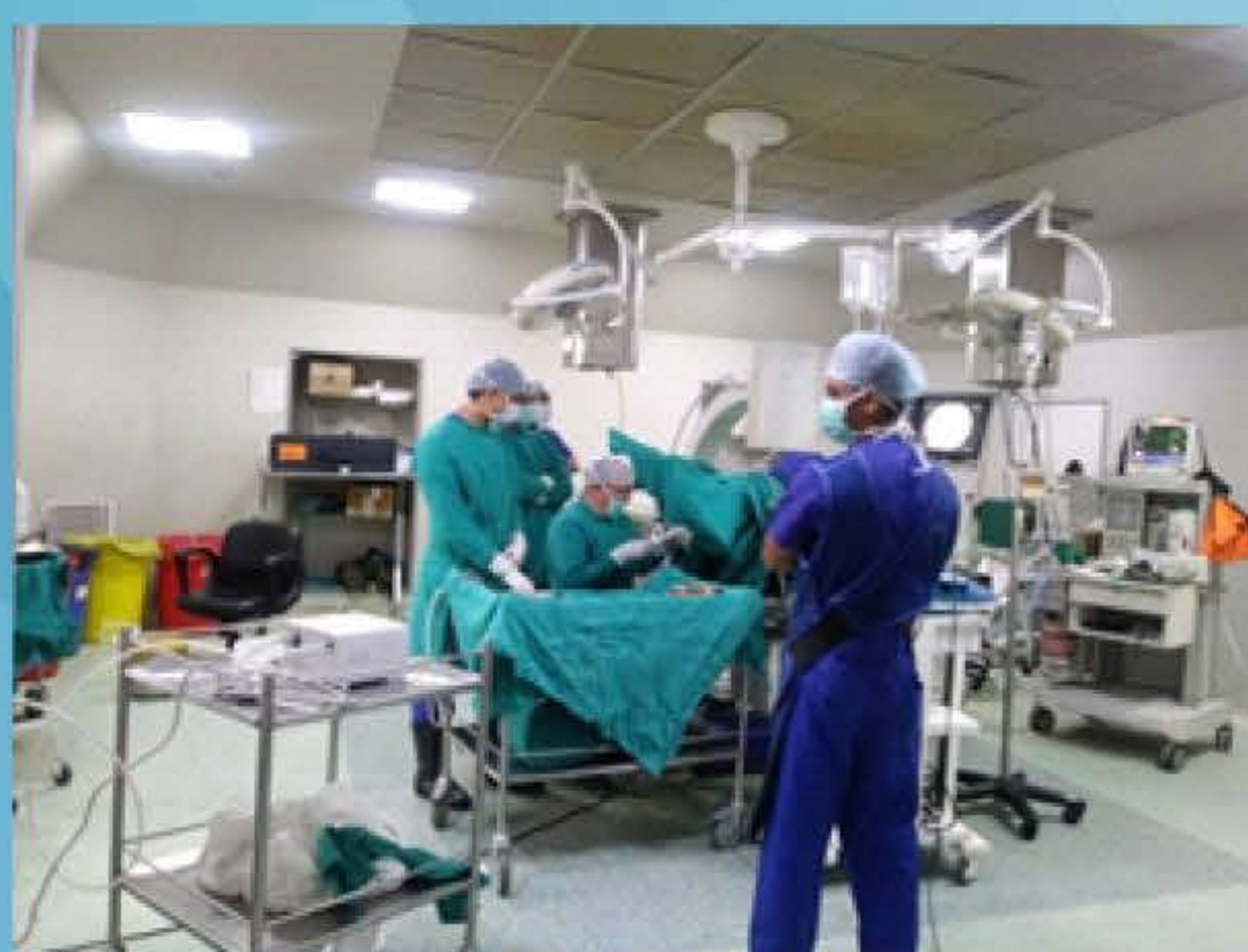


Low risk patients were selected for surgeries at remote locations while the high risk patients were brought to Sant Parmanand Hospital, Delhi for effective surgical management in collaboration with the ONGC. During 2018, 22 such patients were operated at Sant Parmanand Hospital by Dr. Sonal Bathla, Dr. T.C Sharma, Dr. Preeti Yadav, Dr. Kalla, Dr. B.N. Seth & team. The administration of the hospital including Sh B.G. Bangur, Sh B.R. Maheshwari, Dr. Shekhar Agarwal and Dr. Nirmala Agarwal were ever encouraging.

### List of Patients

S.No	Name	Age	Sex	Diagnosis	Procedure
1	Varginia	50	M	Renal Stone	Left DJ Stent removal, Left PCNL
2	Shazia Awais Shamsi	22	F	Pregnancy	LSCS
3	Gulfam Kusar	45	M	Haematuria	Cystoscopic Biopsy
4	Pooja Tiwari	28	F	Completed Family	Lap Sterilization
5	Tushar	15	M	Ureteric Stone	DJ Stenting, Right RIRA
6	Qamar Sultan	60	M	Ureteric Stone	B/L DJ Stenting

7	Parveen Kumari	56	F	Bladder Tumour	TURBT
8	Kishwar Jahan	45	F	Ureteric Stone	Left URS with DJ Stenting
9	Pushpa Singh	28	F	Pelvic Pain	Laparoscopy Hysteroscopy
10	Tapsi	28	F	Infertility	Laparoscopy Hysteroscopy
11	Tsultrim Paljor	78	M	Urinary retention	Cystoscopy with TURP
12	Taariq	22	M	Haematuria	Cystoscopic Biopsy
13	Sunita	27	F	Pregnancy	LSCS
14	Samoon	42	M	Ureteric Stone	DJ Stent removal, Rt URS
15	Nafeddin	36	M	Ureteric Stone	DJ stent removal
16	Shahzadi Begum	47	F	DUB	Vaginal Hysterectomy
17	Leelawati	29	F	Infertility	Laparoscopy with Hysteroscopy
18	Ravinder Verma	56	M	Ca Buccal Cavity	Radical Surgery
19	Rama	35	F	Fracture Acetabulum	Reduction
20	Roys Thomas	40	M	Hydrocole	Hydrocoelectomy
21	Anita Devi	36	F	Menorrhagia	Hysterectomy
22	Dropadi Devi	50	F	Menorrhagia	D& C



## II OKTI's Other Ventures Toward Rural Well-being



### Awareness & Screening Camps

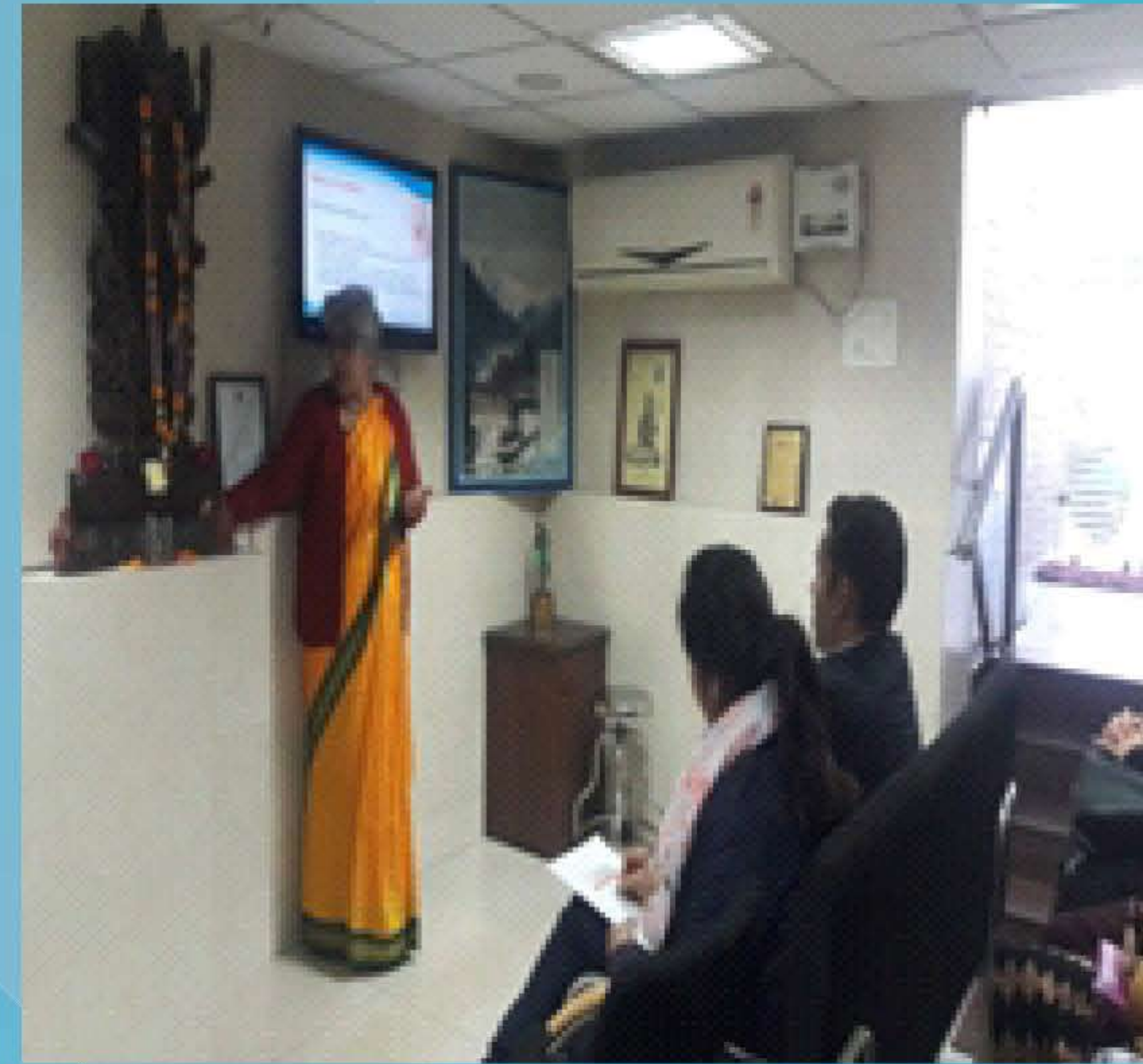
1. A General Medical Camp was organized on 15<sup>th</sup> September 2018 at Coolie Camp Slums in Vasant Kunj Delhi with ONGC, inaugurated by Minister of Petroleum & Natural Gas and Skill Development & Entrepreneurship in the NDA Government Sh Dharmendra Pradhan in which a large number of patients got benefitted. The team members included Dr. Sonal Bathla, Dr. Priti Yadav, Mr. Dharam, Ms. Saira, Ms. Kulpreet and Ms. Sweety.
2. Awareness camp on Cervical Cancer Screening, Vaccination and sanitation at Swami Dayanand Kanya Vidhalaya , Delhi in October 2018. A group of 200 girls around 14 years of age , were sensitized by Dr. Sonal Bathla.



3. Awareness camp on Cervical Cancer Screening & Vaccination at Govt Model School Manali on 7<sup>th</sup> October 2018 where about 200 girls from 10<sup>th</sup> standard were sensitized by Dr. George Verghese, Dr. Sonal Bathla, Dr. Sarah and Mr. Ajay from 'Save Manali' NGO.



4. An Awareness Session for Antenatal Women was organized monthly at Dr. Sonal's Urogynae Clinic throughout the year where the antenatal women were counseled about ante, intra and postpartum care, supplementation of haematinics and Garbh Sanskar by Dr. Sonal Bathla and Dr. Priti Yadav. Training in yoga and antenatal exercises was given by Dr. Divya.



## III Awards in the Year 2018

1. "Compassion Extra Ordinaire" Award to Dr. Sonal Bathla on 1<sup>st</sup> June 2018 by Sh J P Nadda, honourable Health Minister of India and FOGSI President Dr. Jaideep Malhotra for the surgical services and capacity building at remote villages pan India by the dedicated Team of Doctors.
2. The Okti Foundation represented by Dr. George Verghese (Surgeon), Dr. Vinod Kalla (Anaesthetist), Dr. T.C Sharma (Urologist), Dr. Sonal Bathla (Gynaecologist), was adjudged Runners up in South East Asia BMJ Awards in "Best Surgical Team Category 2018" amongst nine countries and 1595 entries for contribution towards the Surgical Services and Capacity Building in Rural India.
3. "Woman of the Year Award - 2019 " was awarded to Dr. Sonal Bathla by the "Delhi Gynaecologist Forum" and 'Wow India' on 4<sup>th</sup> Jan 2019 in Delhi for the contributions of her team to the health Sector in India.



## Acknowledgement

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The surgical team  
that gave so willingly of  
themselves, that others  
might lead better lives



Dr. Bazliel, Dr. George Verghese, Dr. Shiela Verghese, Dr. T C Sharma, Dr. Sonal Bathla, Dr. Vinod Kalla, Dr. Naresh Singla, Dr. Preeti Yadav, Dr. Raghav, Dr. Shailesh, Dr. Uttam Mahapartra, Dr. Anupam Phlip, Dr. Rechal Phlip, Dr. Prabhudas, Dr. Mandeep, Dr. Viju John, Dr. Bhawna, Dr. Sonal, Dr. Chingmak, Dr. Raminder Sehgal, Dr. Subroto Dam, Dr. Nirmala Agarwal, Dr. Meena Naik, Dr. Priti Arora Dhamija, Dr. Gurpreet Popli, Dr. Tanuja, Dr. Murali, Dr. Daniel, Dr. Nirmala Pipera, Dr. Sweta Balani, Dr. Deepa, Dr. Babita, Dr. Tina & Dr. Naru.



**Okti foundation**  
In service of Community

**Dr. Sonal Bathla & Dr. George Verghese**

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